

# Home safety starts with knowing what to look for.

Here's a handy home checklist you can refer to regularly to keep you and your loved one feeling safe and sound.

## General (all living areas)

- Check that carpeting/rugs are secured to the floor and are not frayed
- Place working smoke detectors in hallways and near sleeping areas
- Set water heater at 110°F or lower to prevent accidental scalding
- See that overload protection is provided by either circuit breakers or fuses
- Tack electric cords along walls away from traffic, NOT under rugs

## Stairways & halls

- Make sure steps are clear and in good condition
- Check that handrails are securely fastened
- Place light switches and night lights at both ends of stairs and halls

## Bathroom/bedroom

- Put nonskid mats in the standing area of bathtub/shower
- Install and secure toilet and tub/shower handrails
- Keep electrical appliances away from bathtub or shower area
- Keep a lamp or flashlight within easy reach of the bed
- Do not allow smoking in bed

## Kitchen

- Equip gas stoves with pilot lights and automatic cutoffs
- Keep oven mitts handy and turn pot handles away from burners
- See that knives are stowed in a rack or drawer and cupboard doors are closed