

# Comprehensive Patient Assessment Checklist

## Medical and Clinical Needs

- ✓ Review diagnosis, comorbidities and specialized therapies
- ✓ Educate patients and families on warning signs and what to expect during recovery
- ✓ Verify medications: purpose, disease, schedule and potential interactions
- ✓ Confirm all follow-up appointments and therapy sessions

## Functional Status and Activities of Daily Living (ADLs)

- ✓ Assess mobility, nutrition, hygiene and ability to perform daily tasks
- ✓ Identify support needs for self-care and adherence to care plans

## Cognitive and Safety Considerations

- ✓ Evaluate memory, comprehension and decision-making
- ✓ Identify safety risks in the home and create mitigation strategies
- ✓ Identify medication combinations that may cause a safety concern

## Home Environment and Resources

- ✓ Check accessibility, safety and equipment adequacy
- ✓ Ensure therapy and personal care needs can be met
- ✓ Coordinate any necessary home modifications or equipment delivery

## Patient and Caregiver Support

- ✓ Confirm availability of family or professional caregivers
- ✓ Provide training and resources to support care adherence
- ✓ Ensure caregivers understand roles, responsibilities and emergency contacts

Partner with BrightStar Care for high-quality hospital discharge planning and gain a reliable, efficient solution for coordinating long-term recovery care.

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